SEL Benefits By The Numbers

According to **CASEL**, or the Collaborative for Academic, Social, and Emotional Learning, there are 213 studies that indicate that students who participated in SEL programs increased their GPA by **11%**.

11%

12%   **42%**   **20%**

In the classroom, SEL programming decreased the student dropout rates by about **12%** and lessened behavioral issues. Specifically, physical aggression alterations decreased about by **42%**, and bullying among students with disabilities decreased by **20%**. SEL programming also reduces emotional distress such as depression, anxiety, and social withdrawal.

Outside of the class, socio-emotional learning programming has been found to decrease the rates of drug use, teen pregnancy, and criminal activity in students. SEL undoubtedly improves the quality of life for the student and their ability to succeed in school and readiness in the workforce.

THE WRITE OF YOUR L!FE